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in January. But the giant of holidays in this season is Epiphany, about a fortnight after Christmas. The holiday commemorates the baptism of Jesus; the name of the holiday, *Ṭimqat*, means "baptism." In preparation for Ṭimqat new clothes are given to children and the adults' *shammā*, grown very gray over the months, are washed in every household.

The program for Ṭimqat is long and complicated. At sunset on the eve of the holiday, the people don their white clothes and repair to the local church, from whence they escort the *tābot* to a place where it will spend the night—near some stream or pool. They go home for supper, and return to that site for singing and dancing until late at night. About two o'clock in the morning Mass is performed, after which quantities of *dābo* and *ṭallā* are consumed. Toward dawn, or shortly after, the clergy bless the water and sprinkle it on those assembled. Many like to bathe in the sanctified water at this time. It is the occasion for baptizing the children of syphilitic mothers and those who want to be rebaptized.

By noon on Ṭimqat Day a large crowd has assembled at the ritual site, those who went home for a little sleep having returned, and the holy ark is escorted back to its church in colorful procession. The clergy, bearing robes and umbrellas of many hues, perform rollicking dances and songs; the elders march solemnly with their weapons, attended by middle-aged men singing a long-drawn, low-pitched *haaa hooo;* and the children run about with sticks and games. Dressed up in their finest, the women chatter excitedly on their one real day of freedom in the year. The young braves leap up and down in spirited dances, tirelessly repeating rhythmic songs. When the holy ark has been safely restored to its dwelling-place, everyone goes home for feasting. In the meantime, the eyes of gamesome men and women have met and secret rendezvous have been arranged.

Ṭimqat ushers in a season of weddings, which comes to an abrupt end with the onset of the great fast before Easter. For eight long weeks, body and spirit are depressed by the heavy fasting requirements. The mood reaches a climax in the final week of Lent. Then no heavy work is allowed, and the more devout peasants go to church many times and intensify their daily schedule of prayers. Total abstinence is practiced for the forty-eight hours preceding the final Mass, performed in the middle of the night before Easter.

Gluttony follows this long deprivation. It is a season of the highest spirits. For eight weeks the inexorable requirement to fast on Wednesdays and Fridays is waived. The bins are full with the harvest of wheat, barley, and chick-peas. New crops of pulse start to appear in the fields. It is the most favored time of all for weddings.

And then, as the Amhara themselves view it, June brings another time of sadness. With the onset of the heavy rains come attacks of malaria in the lowlands, typhus in the highlands. Swollen streams make travel difficult and

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Still another invidious distinction of considerable importance in the Amhara outlook is that between the "big man" (*ṭilliq saw*) and the commoner (*terā saw*). "Bigness" may be measured in terms of political power, economic wealth, ecclesiastical status, or any combination thereof. Though the peasant frequently has little affection for the big man, he customarily treats him with the greatest show of deference. No matter how unfamiliar a big man may be or from what part of the country he comes, the Amhara peasant sees him as entitled to unquestioning courtesy and obeisance. Analogous distinctions discriminate between the wealthy (*hābtām*) and the poor (*dehā*), and between the genteel (*çhawā*) and the rude (*bālagē*).

Yet if the Amhara takes a dim view of women, youth, and poor folk, as well as non-Amhara and non-Christians, he suffers from no illusions about homo sapiens at his best—unless they are dark illusions. The generic word for "man" in Amharic, *saw*, is the subject of a number of negative associations and idiomatic uses.[12] At its worst, the word is found in an idiom that signifies the evil eye (*ya-saw ayn*), literally: the "eye of man" (or, more idiomatically, "the eye of others"). At its best, when used to signify a fully formed human being, the word *saw* characteristically appears in the plaintive saying, *Saw yallam* ("there is no human being"); in other words, an individual who fully embodies the concept of humanity does not exist. In general, one may say that the Amhara's view of human nature is dominated by his perception of man's inherent aggressiveness and untrustworthiness.

The Amhara believes that unformed human nature is poor raw material, and that without strict punishment throughout childhood a person will grow up to be rude and offensive toward others. As an adult, moreover, he must constantly be kept in check. The rationale commonly given for the extensive schedule of fasting is that man's nature is wicked, and only by weakening himself in this manner will he be turned away from some act of aggression against others.

The Amharic concept of *ṭegābaññā* illustrates this view. *Ṭegābaññā* literally carries the meaning of one who has been sated with food and drink, but is normally taken to mean someone who begins to insult and pick fights with others. In their use of this and related words the Amhara express the belief that aggression is the usual consequence of being sated. Insubordinate behavior on the part of a servant or political appointee is usually explained as a result of his having been too well fed. "When a peasant gets sated he hits with his stick. . . " is the first line of a number of couplets I collected among rural Amhara. The specific effect of drinking alcoholic beverages is believed to release, not Eros, but the aggressive instincts. An Amharic proverb about *ṭallā* states this directly: "One [glass] whets the appetite; two quenches it; three heats one up; four makes one quarrel; five brings fighting; six causes killing." Contrary to the view that world peace depends chiefly on filling

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people everywhere with plenty of food and drink, the Amhara outlook would see in such a condition the prelude to mass civil war.

The Good Life

When asked what is their chief goal in life, Amhara peasants frequently respond with the expression *sarto mablāt* ("having worked, to eat"). This response says many things. It reflects their constant preoccupation with the need to eat. It suggests that having enough to feed oneself, one's family, and one's guests is the farthest horizon toward which the peasants normally aspire. It also implies that in order to eat one should work by the sweat of his brow; it praises independence and self-reliance.

In raising their children Amhara peasants consciously strive to prepare them for making a living on their own. It is shameful to be dependent on others. It is worse yet to steal. Parents instill in their children a dread of becoming a thief. To be called *lēbā*, or "thief," is—except when in fun—a terrible insult. Stealing is felt to be somewhat worse than murder. In a survey of forty rural Amhara youths asked to name the six worst actions in the eyes of the local populace, eighty-five per cent mentioned stealing, and often under two or three different names; while only sixty per cent mentioned killing, and this answer was sometimes qualified as "killing without justification" or "killing by means of poison." One peasant commented on this question by observing, "You never kill a man unless he has done something wrong; but stealing, that is the sin."

The concept of *sarto mablāt* further implies that work is good. It expresses admiration for the industrious farmer. A majority of our TAT respondents preferred that one among twenty-five cards which showed a peasant hard at work in the fields. Agricultural work is idealized in Abyssinia because it promotes the virtues of independence and honesty. If fate concurs, it may even lead to wealth. And in any case it trains and shows one to be *guabaz*, a hero in man's work, for it is no small feat to toil from dawn till moonlight in the busy seasons or half a day on an empty stomach on fasting days.

Nevertheless, those observers are not wholly wrong who speak, like Griaule, of "the little penchant for work among the people."[13] Status considerations keep the Amhara from making a fetish of work as such. He looks down on the work of artisans because of their association with the evil eye. He avoids when possible unskilled manual labor, for traditionally that has been relegated to slaves or servants from "inferior" tribes. Work for wages is likewise deemed undignified. If one must work for someone else, it should be in the context of a more personal relationship—as a retainer, for example. Women are especially sensitive about this and much prefer to serve a man as his temporary wife than as a salaried housekeeper. Finally, although the peasant aspires "to eat, having worked," he is not wholly impervious to the appeal of the more

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191 155 rhythm and rhyme of words as an epicure with a palatable viand or intoxicating old wine. . . . Like the infant, his affective state can only be pacified through a rhythmical expression of pleasurable sounds.[8]

The Amharic language itself registers a certain sensibility to the nature of poetry as an oral outlet. Agreeable and pleasing language is characterized in Amharic by the same word which is used to characterize particularly pleasing food: "*tāfata*" ("it is sweet"). The introduction to the *Chronicles* of Emperor [539] Galawdewos is but the literary embellishment of a type of statement which could be made by any Amhara:

> We commence here this beautiful narrative, of more pleasing taste to the mouth . . . than honey and sugar, which will bring pleasure to those who hear it and will give, to those who understand it, a joy like that given by song and wine.[9]

155 828 [826] The incorporation of knowledge no less than the enjoyment of words is conceived in explicitly oral terms in Amharic. The stomach is regarded as the seat of wisdom, and in the language of schoolboys the diligent student is one who has thoroughly "drunk his lesson." The experiencing of one's school as an Alma Mater is probably quite intense; as one tenth-grade student wrote in a contribution to his school newspaper, "Oh! Mother School! There is nothing like school! As a mother feeds her children with milk and bread, so does a school feed her children, the pupils, with education."[10]

155 261 574 527 [575] [794] Eating and drinking for their own sake, beyond what is required for nutrition, form perhaps the most obvious medium for oral erotism, and one that is cultivated to a notable degree among the Amhara. Feasting is called for on every possible occasion—christenings, funerals, and memorial services, as well as engagements, weddings, and annual holidays. The chief purpose of the only voluntary association in traditional Amhara society, the religious fraternal association known as the *māhebar*, is to eat and drink in honor of a certain saint on his day every month. The duration of any large celebration is said to depend on how long the food and drink last; successful ones go on for three days. Linguistic usage stresses the oral function on such occasions. One "eats at," rather than attends, a christening party; one "drinks in," rather than belongs to, a *māhebar;* one expects to "eat at," rather than dance at, somebody's wedding. The very word for Easter, "*Fāsiqā*," literally means "great feast."

155 261 264 The activity of eating is colored by a number of conventions which express its great emotional significance. The mood at mealtime is supposed to be deeply serious. Food is to be masticated aloud, indicating a total involvement with the task at hand. Not to let others hear one chewing, like eating by oneself, also is taken to imply greed. The usual obligation to stand when somebody enters the room is waived when one is eating. "Grain is king," says an

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Amharic proverb, and even the Emperor when visiting a school expects students to remain seated if they are at the dining table when he arrives.

Some indication of the comparative significance of this concern about eating and drinking in the Amhara psyche is afforded by a recent cross-cultural investigation of dreams. Obtained from samples of young male respondents in Ethiopia, Nigeria, and the United States, the dreams were evaluated with respect to the presence or absence of themes of "manifest orality": scenes of someone desiring, looking for, or consuming food or drink. The proportion of Ethiopian respondents (mostly Orthodox Amhara from the Gondar area) who revealed manifest orality in their dreams was found to be *64 per cent*. By contrast, the proportion of those in a sample of non-Muslim Nigerians whose dreams showed manifest orality was 38 per cent, and that in the sample of Americans was only 22 per cent.[11]

The Amhara custom of giving *gurshā* plays up the erotic component of eating. *Gurshā* means "mouthful" and, as already noted, refers to a wad of food which one places in another's mouth, usually as a gesture of affection. *Gurshā* are exchanged between husband and wife and among relatives and friends. They are often given to children, especially in families of higher status, and to favored servants and retainers as well. The *gurshā* is of such meaning in Amhara experience that it is referred to in a number of Amharic idioms. First of all it means a present or a tip—literally, *pourmanger*. It also refers to the charge of a gun: the gun is a beloved object, and a *gurshā* is what one places in its mouth. In contemporary usage, it refers to flashlight batteries.

In connection with love and many other subjects, a good deal of the imagery of Amharic verse relates in one way or another to eating and drinking. The following sample of proverbs and couplets may convey some of the flavor of this phenomenon:

Ṭajj• has no specks; a poor man has no friends.

• • •

[Use] proverbs in conversation; [drink] *ṭajj* in a carafe.

• • •

Hand and fly-whisk; mouth and *ǐnjarā*† [go together].

• • •

No matter how much one plows, nothing tastes so good as *goman*.‡

• *Ṭajj*, it may be remembered, is the Ethiopian wine made of honey.

† *Injarā* is the staple pancake.

‡ *Goman* is a kind of cabbage plant that requires no plow cultivation.

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To make me forget you, this medicine is right:
Food and water, sleep and the night.

• • •

Love and porridge must be taken while hot;
Once cool, those who would taste are a lot.

• • •

The *ǐnjarā* I have, my lass;
I wait for you the *wat*• to pass.†

• • •

Your father and your mother have vowed to keep from meat;
But you, their very daughter, innards do you eat.‡

Eating and drinking provide expressive symbolism in social interaction as well as in verse. They form the primary axis of social life among the Amhara. The exchange of *gurshā* is but a specialized form of the general pattern of expressing sociability through feeding and being fed. Camaraderie consists to a large extent of eating from the same *ǐnjarā* basket, and the etymology of the word for "friend," *bālǐnjarā*, is the same as that for the English "companion," someone with whom one shares bread. At any indoor gathering barley beer is served continuously. The visit of a guest at any time of day calls for "a little coffee," a euphemism for as much food and drink as the host can command. In some Amhara areas a special kind of spirit, the *tonin*, is assigned the specific task of punishing persons who infringe the etiquette of dispensing and receiving food.[12]

From this it is but a short step to politics and morals. The production of large banquets is one of the essential arts of government in Abyssinia—*panem*, if not *circenses*. The stature of a big man depends partly upon the number of persons who customarily dine at his expense. A man's Christianity, moreover, is judged by his generosity in feeding others, a virtue that is eulogized at times by parading his *ǐnjarā* baskets around the field. A truly Christian Amhara is known by the regularity and scale with which he prepares memorial feasts for his departed kin, drinks in some religious fraternal association, and holds an annual feast (*zǐker*) in which food is distributed to the poor.

Oral activity is prominent, moreover, not only as a primary source of

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• *Wat* is the sauce in which the *Ǐnjarā* is dipped.

† The gold meaning is: "I'll wait for you until the others leave."

‡ "To eat someone's innards" is an idiom meaning: "to make him fall in love." The gold meaning is thus: "You made me love you."

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pleasure among the Amhara, but also as a typical response to situations which arouse anxiety. The crisis of death is met first of all by a prolonged ritual of wailing, and this is followed by a series of memorial feasts which occur on fixed days following the person's death. Any kind of bad news evokes repeated exclamations of "Ay! Ay!" When a child or wife is punished, the response is a prolonged and monotonous yell usually out of proportion to the actual pain felt. In the anxious hour before battle, war chants and boastful cries tune up the warriors' spirits. Moments of great awe, finally, such as the appearance of the holy ark when it is brought out of the church or the arrival of some great political personage, occasion a shrill ululation.

Response to illness was the anxiety area chosen as an index of positive fixation by Whiting and Child in their cross-cultural study of *Child Training and Personality*. They assumed that a fixation on oral gratification would express itself in a preference for therapies which involve swallowing something.[13] In this area, too, Amhara culture displays a preoccupation with orality, and not just in the form of swallowing. Something akin to a general principle for oral therapy appears in the well-known Amharic proverb: "For headache, shout on it! For stomach-ache, eat on it!"

A number of the oral therapies practiced by the Amhara are naturally functional, such as drinking a purgative made from leaves of the *kosso* tree to cure tapeworm, or eating a kind of unleavened corn bread to arrest dysentery. Beyond this, most of their magical therapies are also oral. Drinking holy water (and sometimes bathing in it) is believed to cure nearly every sort of affliction, from rheumatism and leprosy to eye and ear ailments. In some regions it is believed that eating the liver of a hyena will cure syphilis. Psychotherapy, too, often relies on oral remedies: the *zār* on a patient is often placated by feeding him, via the patient, a sumptuous meal. Oral types of prophylaxis are also to be noted. Garlic is eaten in order to prevent malaria. Certain kinds of animals are eaten on special occasions in order to ward off sickness. Finally, there is the remarkable phenomenon of the *lālibalā*, a night singer, who can protect himself against hereditary leprosy only by singing out loud in the night air.

In general, one can say that the Amhara have a tendency to attribute magical efficacy to oral incorporation and, to a lesser extent, to the adroit use of language. The latter belief appears in the assumption that human problems are solved by attaining some particularly fortunate verbal formulation, and in the association of outstanding wisdom with unusual mastery of language. The former appears in beliefs and legends which associate eating a lot with the attainment of unusual bravery, longevity, and physical strength. A legend about the invader Ahmad Grāñ, for example, relates that as a baby he was able to consume fourteen bowls of *ĭnjarā* at one sitting. A num-

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ber of Amhara folk tales, moreover, have as their central theme the resolution of conflict or the attainment of mastery over the environment by means of eating something or presenting food to someone.[14] It is a theme conspicuous in the legend which celebrates the ascendance of the first of the Shoan Amhara emperors, Yekuno Amlāk (1270–85). According to *The Book of the Riches of Kings,* Yekuno Amlāk ate by chance the head of a rooster which had been set out for a king of the rival Zāgwē Dynasty:

> And this youth Yakuno Amlak found the head of the cock which the woman had left by the fire-place, and he took it and ate it, and it filled his belly, and it made him an exalted person and so mighty a man that he was superior to every other man of might, and it made his face to shine like the light of the sun, and his majesty filled all the other servants of the king with awe, and all the people feared him, and they marvelled at him, and they loved him exceedingly, and they placed him in their hearts, and they recognized that the grace of God was upon him, and they said, "What is the thing which hath come upon this young man?"[15]

Oral Sadism

In addition to subserving a passive, receptive mode of relating to the environment, preoccupation with the oral zone also figures in Amhara culture as the locus of a variety of aggressive modes of behavior and fantasy. Hostility is expressed by a number of oral gestures. Sticking out the tongue and spitting on the ground in front of somebody, for example, are two forms of non-verbal insult. Biting the lower lip is an indication of anger. Touching the tongue, and then forehead, chin, and cheeks, signifies "You just wait!" When fighting, men sometimes bite one another's ears. The activation of a strong biting impulse in situations of military combat is suggested by the following refrain from an Amhara martial declaration, recorded over a century ago:

> Oh brothers, you are hungry and thirsty! Oh true sons of my mother,
> Are you not birds of prey? Come on! There is the enemy's flesh.
> And I, I will be the rider to butcher for you! Forward,
> And if you lack hydromel, I will give you my blood to drink.[16]

The theme of cannibalism appears in various forms in the Amhara imagination. One of the common subjects of traditional Amhara painting is the story of the cannibal Balaya Sab. His name is in Ge'ez, and means "Eater of Men." The story about him derives from one of the old legends collected in *The Miracles of the Blessed Virgin Mary.*[17] Balaya Sab was a wicked man who fed on the flesh of humans. At his death he appeared before St. George, who measured his evil deeds against his good deeds on a large scale. On the side of evil deeds were placed the souls of all those he had eaten, so heavy a weight that the devil began to make ready to carry him off to hell. Then

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phenomena, traits inherited from earlier traditions and retained through inertia, and that no psychological processes need be invoked in describing them. But this argument fails to explain why, in view of the harmful physical and political consequences of their excessive fasting, the Amhara should have developed in the direction of increasing rather than alleviating their fasting burden. For Abyssinia's commitment to fasting was well known by her enemies, and used to her disadvantage: Ahmad Grāñ took advantage of the country's weakness during Lent to launch his attacks at that time year after year, and the Galla hordes who succeeded him did likewise. The argument also fails to explain why the taboos on pork and tobacco, and the fasting prescriptions, should have been pushed to the forefront of Amhara Christian consciousness. For observance of these mores is considered the very crux of Christianity by traditional Amhara. Amhara often refer to fasting as the most important part of their religion. If a person fails to fast, his relatives are technically absolved from the duty of providing memorial feasts for him when he dies; let his soul wander in darkness! Fasting more than anything else protects them from the devil and enhances the likelihood of their entering paradise.

Apart from their adherence to these cultural norms, moreover, the Amhara also manifest anxiety regarding oral gratification at the purely psychological level. There is, on the one hand, a constant undertone of concern among Amhara about getting enough to eat, even under favorable agricultural conditions. On the other hand, there is a good deal of concern about the consequences of eating too much. There is much worry among the Amhara about the dangers of excessive eating at the conclusion of periods of fasting. There is also the fear that if one indulges in eating and drinking he may become uncontrollably hostile, a fear expressed in the previously mentioned notion of *ţegābaññā*. These and other forms of anxiety about oral gratification are expressed in a number of folk tales, in which eating, drinking, singing, talking, or simply opening one's mouth result in such misfortunes as sickness, loss of property, and death.[20] A similar theme appears in the epic *Glory of Kings:* the Queen of Sheba, in satisfying her thirst by drinking from a goblet which King Solomon had placed in her bedroom, thereby forfeited her right to immunity from his amorous desires and was obliged to yield to his embrace.

Ambivalence regarding oral aggressiveness, finally, may be discerned in the Amhara's anxiety about being eaten, an anxiety which should probably be interpreted as an externalization of unacceptable oral-sadistic impulses. Traditional Amhara have a morbid fear of being "eaten" by those with the evil eye, *budā* and *ţayb*, men who are believed to destroy their victim by invisibly sucking his blood. It is largely because of this fear that children are kept away from strangers. Similar projections appear in connection with other well-known figures in Amhara culture. Another fearful object is the *çhirāq*, a giant

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FIG. 34.—*Offering a gurshā*

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FIG. 35.—*Singing out the master's qenē*

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FIG. 36.—*Amhara litigants* [P. 238-A]

tarily, and, in the case of yisew ayn, this power is usually unknown to its possessor. The victim of yisew ayn may have "good blood" or, more frequently, he may have been observed while eating or drinking (milk being the most commonly mentioned beverage). Like the buda, the bearer of yisew ayn stares intensely at his victim, who subsequently develops symptoms of chronic fatigue, abdominal cramps, headache, and occasional vomiting. These similarities are attended by important contrasts: Yisew ayn is congenitally acquired, and is not limited to any segment of the population. Its victims are sometimes people whose finery, rather than physical attractiveness, has drawn the yisew ayn's interest. Although its pathogenic mode is only vaguely understood, there is [264] no agent introjection. Lastly, it is considerably less serious than buda possession; there are no nocturnal seizures alternating with diurnal lassitude, and child victims often experience an eccentric syndrome---eating ashes, clay, and charcoal---for which there is no buda possession analogy.

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*[192] Certain ailments result from contagion (telalafiy), that is, the transmission of a disease substance (basiyta) from a sickman to another human recipient, without need for a mediating agent. Telalafiy is linked to dermatological symptoms (septacemia, hemorrhagic ulcer, scrofula, carbuncles, venereal chancre, shenkroid, gonorrhea,